Brook Academy Well-being Support for Staff

All Staff	Regular supervisions/ line management
	Termly team meetings
	Staff/ MAT Training Days
	Well-Being Events/ Activities
	Nominate a Colleague Prize Draw
	Staff Surveys/ Staff Voice
	SAS Schools Advisory Service
	Daily Debriefs
	Support from colleagues/ Well-being Hub Drop-Ins
Most Staff	Meetings with Multi-Agency Professionals for Advice:
	EP, SLCN, CAMHS, School Nurse
	In school TAC (Team Around the Child) Meetings
	RPI Debriefs/ Support
	Requested CPD
	Drop in meetings with SLT
Some Staff	Targeted CPD
	Occupational Health Referral/ Support
	Confidential Counselling
	External Supervision